



BISHOP LOVEDAY C.E. PRIMARY SCHOOL

Sex Education and Relationships Policy

Policy reviewed September 2018

Next review due September 2020

Signed:

Headteacher

Signed:

Chair of Governors

At Bishop Loveday School we work within an inclusive, Christian environment promoting Christian values including Love, Respect, Friendship, Unity, Courage and Forgiveness. These permeate all aspects of school life enabling us to help every child achieve their full potential by equipping them with a feeling of self-worth, a respectful attitude towards others, an excitement for learning and an enthusiasm for life. We equip children with the skills, knowledge and understanding necessary to be able to make informed choices about the important things in their future enabling them to lead happy and rewarding lives.

Introduction:

Sex and Relationships Education is an essential component of the personal, social and health education curriculum. It is a life-long process of acquiring information and forming attitudes, beliefs and values about identity, relationships and intimacy. It involves much more than teaching about reproduction and must include a real understanding of sexuality in its broadest terms.

This policy has been drafted in response to official documentation and in order to explain how we help to prepare the children for adult life. This education is delivered within a moral, family-orientated and Christian framework.

Our aim is that all children:

- develop confidence in talking, listening and thinking about feelings and relationships;
- are able to name parts of their body and describe how their bodies work;
- can protect themselves and ask for help and support;
- achieve an understanding about themselves and others in terms of their sexuality and are prepared for puberty.

Objectives:

- To discover what pupils know, understand, think and feel; to identify their needs and to incorporate this information into the creation of a programme for progressive and differentiated learning.
- To encourage acceptance of sexuality by providing appropriate vocabulary for all parts of the body and encourage positive attitudes to all bodily functions.

- To listen to the children and generate an atmosphere where questions and discussions on sexual matters can take place openly and honestly without embarrassment, and to alleviate possible fears by demystifying the subject.
- To enable children to accept variations in the rate of growth and development and to equip them with the skills required to cope with problems faced during adolescence and puberty.
- To understand and respect the varied cultural and religious influences on individual sexuality.
- To develop self-esteem through skills in personal relationships, for example, assertiveness and communication.
- To help children to affirm their rights, to be able to resist unwanted touches or advances and to communicate about such matters in the appropriate manner.
- To develop understanding of what it is like to be a member of the opposite sex, rejecting stereotyping.
- To encourage children to recognise the value of sexual intimacy as part of a long-term, loving stable relationship and to recognise the Christian viewpoint.
- Due care and attention will be taken to adapt or individualise delivery of teaching in the areas of sex and relationships, to meet the needs of individual children.

Organisation:

Sex and Relationships Education is not taught in isolation, but as part of a comprehensive P.S.H.C.E. (Personal, Social, Health and Citizenship Education) programme. In Key Stage one and much of Key Stage two, Sex and Relationships is integrated into topic work and focuses on body awareness, growth, relationships, personal safety and feelings.

Teaching and Learning Styles:

Various teaching methods are used to develop the pupils' confidence and to help create a confidential environment in which they feel free to ask questions.

The 'Pants' programme is taught to reception and years 1-4. Year 4 children also have a 6 week protective behaviours programme (trialled in June 2018). Year 5 and 6 have the Childline assembly and workshops, focussing on protective behaviours.

In response to any questions raised in Years 5 and 6, during SRE lessons:

- Safer sex is discussed with a balanced view of contraception and precautions against AIDS, sexually transmitted diseases and unwanted pregnancies.
- Menstruation and wet dreams are discussed in years 5 and 6 in order to prepare and inform the boys and girls. Masturbation, homosexuality and bisexuality are not covered in any depth. Any questions raised by children will be answered with those children.
- Emergency sanitary products are available in school and disposal systems are provided in the year 5 and 6 toilets. Year 5 and 6 girls are informed and reminded of these facilities.

Inclusion:

According to our Inclusion Policy, all pupils are entitled to benefit from Sex and Relationships Education. However, parents have the right to withdraw their child from receiving the Sex and Relationships Education from a PSHCE perspective at school, but not to withdraw them from the teaching of the science national curriculum: Life processes and living things, the main stages of the human life cycle. In such cases, either written or oral, their request will be recorded and the child will be removed to another class for those sessions, with alternative work to complete.

In order to be clear about the school's programme of Sex and Relationships Education, parents are invited to information evenings, where they have an opportunity to view the teaching resources, and have access to this policy document. Parents are informed of the content of the lessons and have an opportunity to withdraw their child should they see fit.